

# Coalition to Stop **OF**

A Community-Based Program to Eradicate  
Obstetric Fistula



PREVENTION

TREATMENT

REHABILITATION

REINTEGRATION

# Women's Pregnancy Statistics

- Every minute, a woman dies from complications during pregnancy or childbirth
- For every woman that dies, 20-30 will suffer from a disability , one of which is Obstetric Fistula



Source: University of Oslo Maternal Health Research Group



Photo 05.jpg © UNFPA / unfpa.org

# What is Obstetric Fistula?

## Definition:

Childbirth Injury

- Prolonged labor where the baby is wedged in the birth canal – cutting off blood supply to the baby and surrounding tissue of the mother

## Causes:

Obstructed Labor

- Early marriage, early pregnancy, lack of skilled medical care and access to adequate healthcare facilities

## Consequences:

Incontinence

- Abandonment, ostracized, no social or economic support

## Response:

Preventable and Treatable

- Health Awareness, women's empowerment, Surgical treatment, physical and psychosocial rehabilitation and economic and social reintegration



# Mapping of Obstetric Fistula

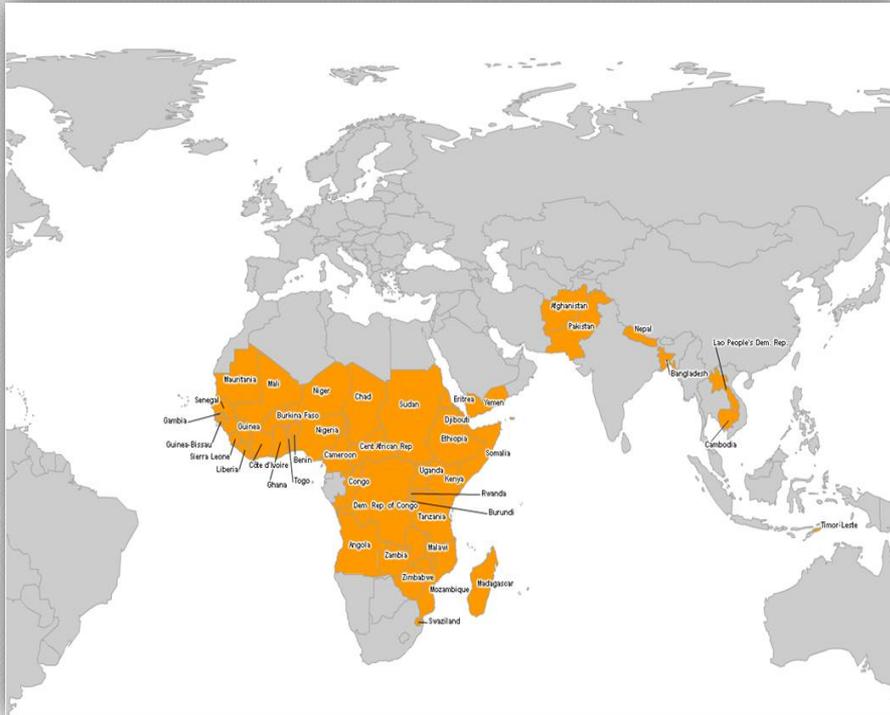


Figure 1

Map of **GLOBAL** OF cases

**2 Million**

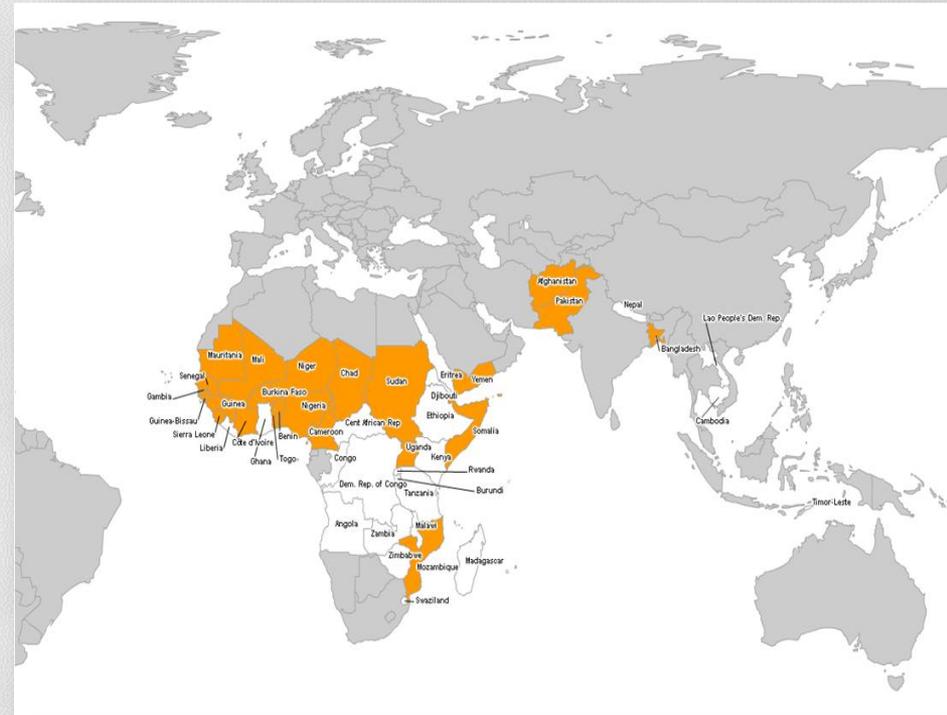


Figure 2

Map of fistula cases in **IDB member countries**

**¼ in IDB MC**



# Program Description

- **Goal:** Improve the well-being of women to enable them to contribute to socio-economic development
- The specific **objectives** are:
  - To reduce incidence of OF in IDB MCs
  - To provide comprehensive treatment and care to women suffering from OF
- **Duration:** 5 years
- **Implementation Partners:**
  - NGO
  - MoH



# Strategic Approach

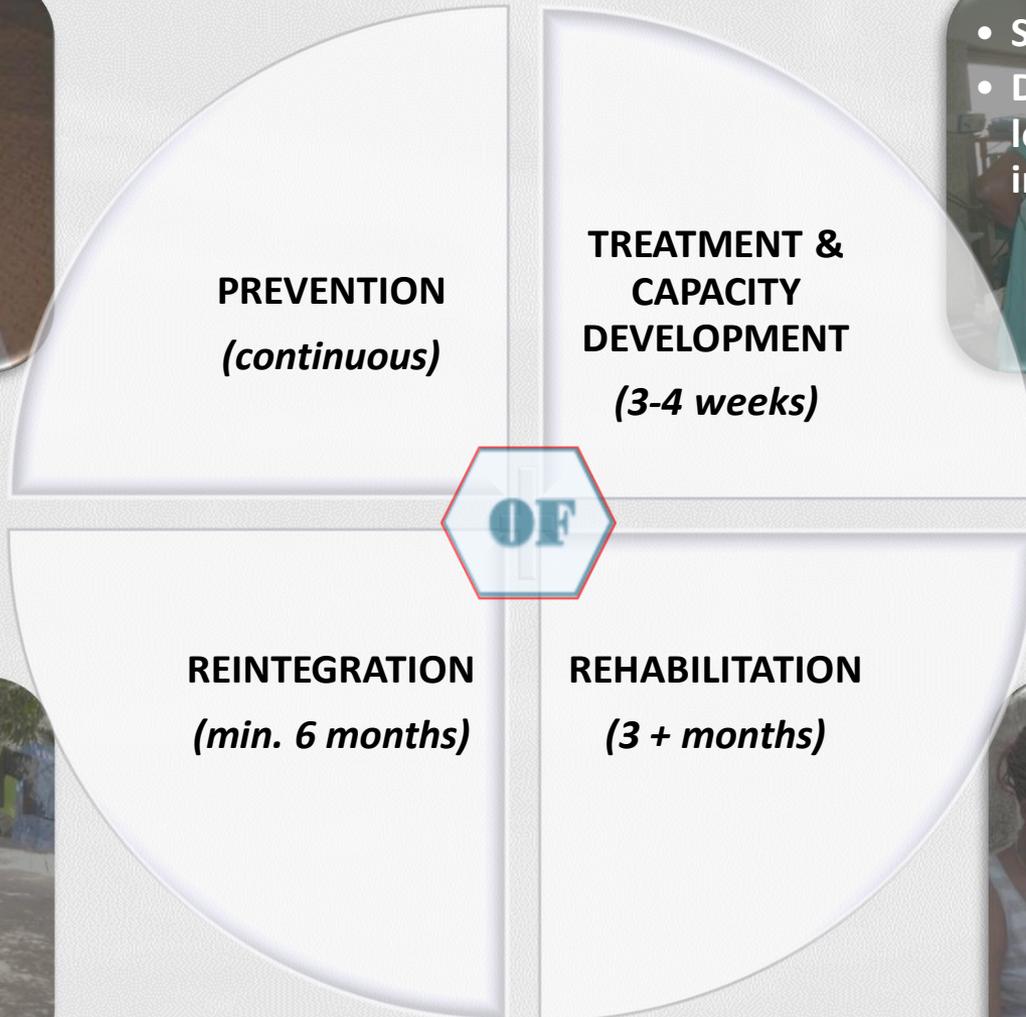


OBSTETRIC FISTULA FLIP BOOK

- Health Awareness
- Improving access to emergency obstetric care
- Addressing Stigma



- Subsidized surgical repair
- Develop the capacity of local health care workers in clinical management



- Social support in reinserting women into society
- Economic support to improve livelihood



- Adequate Accommodation
- Psychosocial Support
- Vocational Skills



# Program Interventions and Strategies

Strategy	Interventions	Outputs
<b>Prevention</b>	<ul style="list-style-type: none"> <li>❖ Educate communities on good health practices</li> <li>❖ Conduct community level awareness campaigns</li> <li>❖ Train health care workers in maternal proper childbirth and labor management</li> </ul>	<ul style="list-style-type: none"> <li>• 5,000 communities sensitized</li> <li>• 5,000 safe delivery plans developed, 1,250 community health workers (CHW) trained</li> </ul>
<b>Treatment</b>	<ul style="list-style-type: none"> <li>❖ Identify women that need OF repair</li> <li>❖ Establish and equip facilities to provide surgical treatment (pre and post-op care)</li> <li>❖ Capacity Development</li> </ul>	<ul style="list-style-type: none"> <li>• 2,500 women treated</li> <li>• 50 surgeons, urologists and OB/GYN and 500 nurses and paramedics trained</li> </ul>



# Project Interventions and Strategies

Strategy	Intervention	Outputs
<b>Rehabilitation</b>	<ul style="list-style-type: none"> <li>❖ Establish and equip full service rehab facilities</li> <li>❖ Counseling guidelines and capacity development of service providers</li> <li>❖ Psychosocial counseling and skills training</li> </ul>	<ul style="list-style-type: none"> <li>• 2,500 OF patients rehabilitated</li> <li>• 8 full service rehab centers functioning</li> </ul>
<b>Reintegration</b>	<ul style="list-style-type: none"> <li>❖ Community based social support programs</li> <li>❖ Job opportunities</li> <li>❖ Systematic follow up on patients</li> </ul>	<ul style="list-style-type: none"> <li>• 2,500 treated women to return to their communities</li> <li>• 1,500 women treated</li> <li>• 200 OF support groups established</li> </ul>



# IDB Experience

## ● INITIAL PILOT OPERATIONS

- **Gambia and Nigeria**
  - **Increase Health awareness** among 25,000 women and men
  - **Provided hope** to 91 women through surgical repair
  - **Restored dignity** to 100 women suffering from OF through provision of psychological support, vocational education and training
  - **Socially reinserted** OF sufferers back to their communities

## ● NEWLY FUNDED PROJECTS

- **“Regaining Dignity Project” - Gambia**
- **“New Beginning Project” – Nigeria**
- **“Renewal of Hope Project” – Sierra Leone**
- **“Prevention, Treatment, and Social Reintegration of Women with Obstetric Fistula” - Uganda**



# Scale Up Results

## ● EXPECTED OUTCOMES

- **Gambia and Nigeria**
  - **Increase Health awareness** among 100,000 women and men
  - **Provide Comprehensive Treatment to 350 women**
    - Surgical Treatment
    - Literacy and income generating skills
    - Economic Opportunities
    - Socially reinsertion
  - **Establish Full Service Fistula Center in The Gambia**

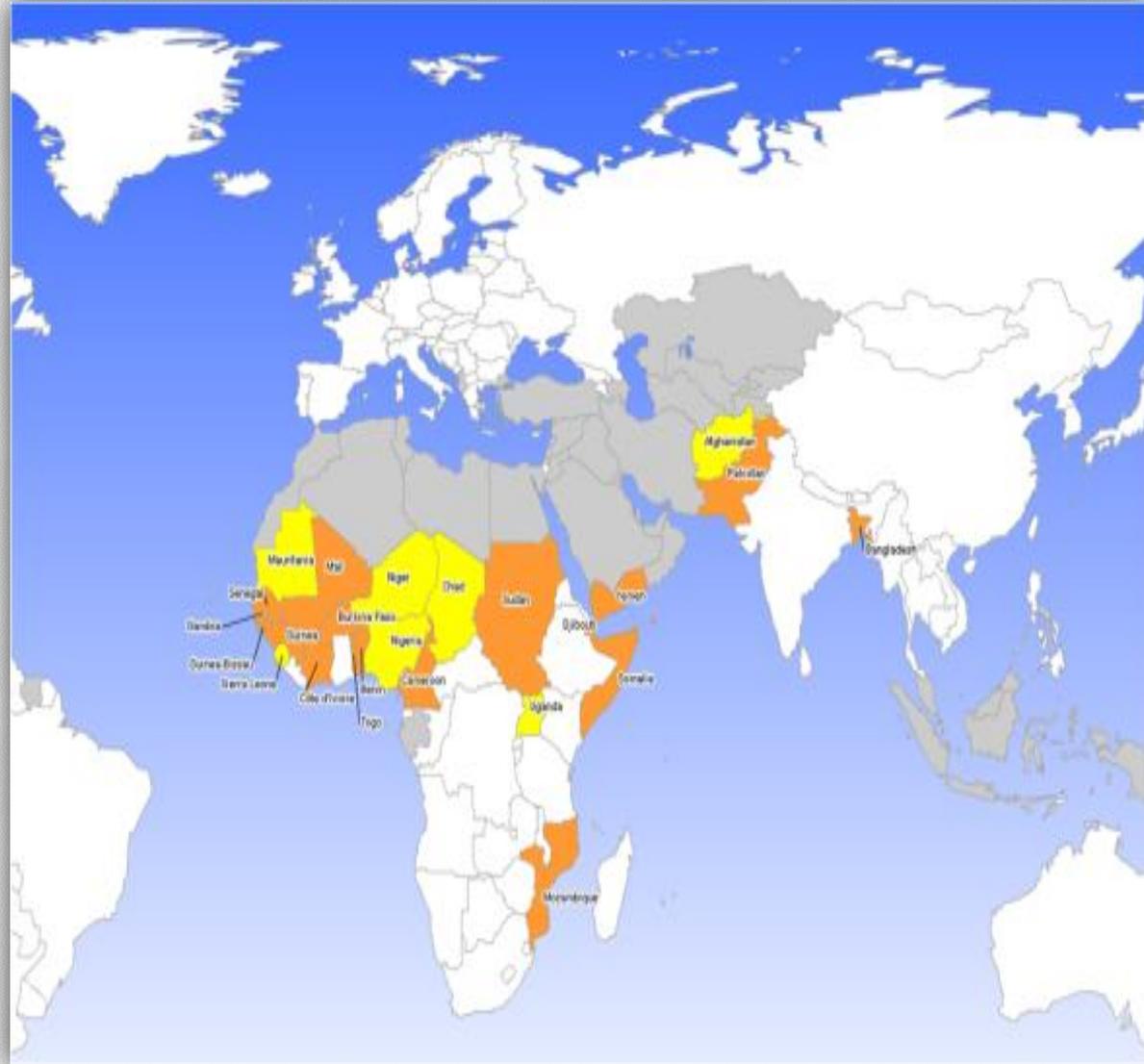
## ● IMMEDIATE PIPELINE (2014)

- **Afghanistan , Guinea, Yemen**
- **Develop capacity development program for clinical management of OF to health professionals in West Africa (The Gambia and Sierra Leone)**
- **Expand economic opportunities for patients**



# Primary Beneficiary Countries

- Afghanistan
- Chad
- Mauritania
- Niger
- Nigeria
- Sierra Leone
- The Gambia
- Uganda



# Financing

For a period of five years, the total budget of Coalition to Stop OF is estimated at US\$ 10 million

Priority Areas	Amount in US\$	Percentage %
Prevention	2,000,000	20%
Treatment	3,000,000	30%
Rehabilitation	2,250,000	23%
Reintegration	1,800,000	18%
Coordination, monitoring & evaluation	550,000	5%
Contingencies	400,000	4%
<b>Total</b>	<b>10,000,000</b>	<b>100%</b>
<b>IDB</b>	<b>2,000,000</b>	
<b>Expected to be Raised</b>	<b>8,000,000</b>	



